

# Conference Programme

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| <b>09.00 – 09.25</b> | <b>Registration, Tea &amp; Coffee on Arrival</b>  |
| <b>09.25 – 09.35</b> | <b>Welcome &amp; Introduction</b><br><b>Dr Nestor Demosthenous</b> , Conference Chair, Aesthetic Doctor, Founder & Medical Director, The Mayfield Clinic, Edinburgh   |
| <b>09.35 – 09.55</b> | <b>“21st Century Living &amp; Skin Ageing: The Science Behind”</b><br><b>Professor Mark Birch-Machin</b> , CSO/Founder of Skin Life Analytics   |
| <b>09.55 – 10.00</b> | <b>Questions</b>  |
| <b>10.00 – 10.20</b> | <b>This Is How I Do It - Full Face Approach &amp; Treatment Planning</b><br>Step by step approach combining STYLAGE® dermal fillers, on a mature patient - to restore lost volume by adding structure using XL/XXL.<br><b>Dr Ioannis Liakas</b> , Medical Director & Lead Aesthetic Doctor, Vie Aesthetics, London  |
| <b>10.20 – 10.25</b> | <b>Questions</b>  |
| <b>10.25 – 11.00</b> | <b>Refreshment Break</b>  |
| <b>11.00 – 11.20</b> | <b>“From Integration to Impact: Lessons From A Year of AviClear in Practice”</b><br><b>Dr Nestor Demosthenous</b> (as before) & <b>Amanda Demosthenous</b> , Independent Nurse Prescriber, The Mayfield Clinic, Edinburgh   |
| <b>11.20 – 11.25</b> | <b>Questions</b>  |
| <b>11.25 – 11.45</b> | <b>Revolutionising Skin Quality With Sculptra: The Art Of Collagen Stimulation</b><br>One product - numerous benefits. Discover how Sculptra can be used in many ways to lift, provide a youthful glow and renew volume of the face. Dr. MJ Rowland-Warmann will discuss how Sculptra can be used to enhance skin quality, delivering natural results that develop overtime and last up to 24 months.<br><b>Dr. MJ Rowland-Warmann</b> , The Founder & Lead Clinician, Smileworks Liverpool |
| <b>11.45 – 11.50</b> | <b>Questions</b>  |

**Breakout Sessions on next page >**

# Conference Programme: Breakout Sessions

**11.50 – 12.45**

## Breakout Sessions

You can choose to attend any two breakout sessions. These must be booked in advance when you register.

### 11.50 – 12.15 Breakout Sessions

| A  | B  | C  | D  |
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| <p><b>Exosomes!</b><br/>The next breakthrough in skin care &amp; hair? Here's everything you need to know.<br/><b>Andrew Hansford,</b><br/>Education<br/>Ambassador<br/>Dermapenworld UK</p> | <p><b>Restoring Balance For Every Face: Restylane For Natural Results</b><br/>An engaging symposium that explores the art &amp; science of achieving natural, balanced beauty with Restylane. It will have Dr. MJ Rowland-Warmann delve into insights on how to personalize aesthetic solutions with the AART of Restylane across different patient profiles. The session will help you understand how tailored treatments enhance individual features, restore confidence, &amp; deliver results that look &amp; feel effortlessly natural.<br/><b>Dr. MJ Rowland-Warmann</b><br/>(As Before)</p> | <p><b>'Choosing The Right RF Microneedling Device: Key Considerations For Clinical Success'</b><br/><b>Dr Ben Taylor Davies,</b> Clinical Director &amp; Aesthetic Doctor, The Stockbridge Clinic, Edinburgh</p> | <p><b>Weight Management In Aesthetics</b><br/>Sam will talk you through how she has integrated the Temple Vie revolutionary new weight loss programme into her aesthetic practice &amp; what she has learnt along the way.<br/><b>Dr Sam Robson,</b> Medical Director, Temple Clinic</p> |

### 12.20 – 12.45 Breakout Sessions

| E  | F  | G   | H  |
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| <p><b>Non-Surgical Rhino - Art &amp; Safety</b><br/><b>Dr Amrit Thiara,</b><br/>Founder &amp; Medical Director - Tiara Aesthetics, KOL - Intraline</p> | <p><b>Beyond Acne: Bridging Treatment To Transformation With Secret™ RF Microneedling</b><br/><b>Dr Ben Taylor Davies,</b><br/>(as before)</p> | <p><b>Unlocking Radiant Skin &amp; Harmoniously Balanced Lips</b><br/><b>Gail Stewart,</b> Clinical Training Manager, Croma-Pharma UK</p> | <p><b>Navigating The Perimenopause</b><br/>Supporting perimenopause patients in aesthetic practice &amp; opportunities<br/><b>Dr Sam Robson</b><br/>(as above)</p> |

# Conference Programme

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| 12.45 – 13.45 | <b>Lunch</b>  |
| 13.45 – 13.50 | <b>Welcome Back &amp; Introduction To The Afternoon Session</b><br><b>Dr Nestor Demosthenous</b> , as before  |
| 13.50 – 14.10 | <b>Starting In Medical Aesthetics &amp; Growing A Thriving Business</b><br><b>Gerry Barrett</b> , Managing Director of Hamilton Fraser Insurance  |
| 14.10 – 14.15 | <b>Questions</b>  |
| 14.15 – 14.40 | <b>SHINE: Full Beam Ahead</b><br>Bit Frazzled, Feeling Drained – No Time, Tons Of Pressure?<br><b>Dr Andy Cope</b> , keynote speaker, author, & ‘recovering academic’ will talk about bringing back fun/love/energy, & how to achieve greater success & satisfaction in your personal & professional life. You can expect bags of thought-provoking content, lots of simple take-aways, & plenty of laughs along the way.   |
| 14.40 – 15.00 | <b>Clinical Excellence In Skin Rejuvenation: Leveraging Xeo+ Laser Genesis for Optimal Patient Experience</b><br><b>Dr Manav Bawa</b> , Medical Director & Aesthetic Doctor, Time Clinic, London  |
| 15.00 – 15.05 | <b>Questions</b>  |
| 15.05 – 15.15 | <b>Wellness Break</b>   |
| 15.15 - 16.05 | <b>Infections, Complications &amp; Regulations</b> <ul style="list-style-type: none"><li>• <b>How Good Is Your Infection Control Knowledge In Aesthetics?</b><br/><b>Dr Melanie Gray</b>, Dentist &amp; Lead Trainer, Inspired Cosmetic Training</li><li>• <b>Case Study: Complication Management Of Non-Regulated Injectable In Under Eye Area. Frances Turner Trill</b>, Founder &amp; Clinical Director of FTT Skin Clinics</li><li>• <b>How To Change Legislation With Medical Aesthetics In Scotland</b><br/>Stuart McMillan, MSP for Greenock &amp; Inverclyde</li></ul>  |
| 16.05 – 16.45 | <b>The Aesthetic Entrepreneur’s Den Finals</b><br>In this thrilling finale, we will see 4 semi-finalists make their final pitches to our dragons to win a Start Up Aesthetic Launchpad Worth £1500 or A £5,000 Aesthetic Growth Accelerator Prize & More!<br><b>The Judges:</b> <ul style="list-style-type: none"><li>• <b>Mr Taimur Shoaib</b>, Medical Director La Belle Forme &amp; Glasgow Day Surgery Centre</li><li>• <b>Dr Heather Muir</b>, Founder &amp; Medical Director, Your Face Aesthetics, Uddingston &amp; Medical Aesthetic Trainer</li><li>• <b>Gerry Barrett</b>, Managing Director of Hamilton Fraser Insurance</li></ul> |
| 16.45 – 17.00 | <b>Closing Remarks &amp; Announcing The Winners Of The Start Up Aesthetic Launchpad Prize &amp; The Aesthetic Accelerator Growth Prize!!!!</b><br><b>Dr Nestor Demosthenous</b> , as before   |
| 17.00         | <b>Conference Close</b>   |